



Join a community of
200,000+ scholars
working to make
academic life more
sustainable



1,200+

Campuses and
organizations
connected through
membership



50

U.S states represented,
with network spanning
internationally across
the **entire globe**

Individual Membership

Academic work doesn't come with a built-in structure. Writing gets pushed aside, priorities compete, and it's easy to lose momentum on long-term projects. Individual Membership gives you practical tools, proven strategies, and ongoing support to help you make consistent progress on your writing, your priorities, and your career, week by week.

WHO THIS IS FOR

Individual Membership is designed for faculty and institutional leaders at **all career stages**.

It's especially useful if you are:

- balancing teaching, research, and service with limited time
- finding that writing keeps getting pushed to the margins
- starting projects but struggling to maintain momentum
- navigating competing priorities without a clear system
- looking for support beyond what your institution provides

WHAT MEMBERSHIP PROVIDES

Individual Membership gives you a system you can return to each week.

You'll learn how to:

- Turn long-term goals into realistic weekly plans
- Build a consistent writing habit, even during busy terms
- Manage teaching, research, and service without everything colliding
- Make clearer decisions about requests and opportunities
- Stay accountable and maintain progress over time

A PRACTICAL FRAMEWORK

Membership is built around practical, research-supported approaches to the parts of academic work that are rarely taught, but expected.

Our foundational teachings focus on:



Strategic Planning

Plan your year, term, and week so your time reflects your actual priorities



Healthy Relationships

Build mentoring networks and navigate professional relationships with more clarity



Explosive Productivity

Strengthen your writing habits, reduce resistance, and make steady progress



Work-Life Balance

Manage workload and boundaries in a way that supports long-term sustainability

What You Can **Access** with Individual Membership

Membership gives you flexible access to on-demand resources, live learning, and structured opportunities for accountability, so you can engage at the level that fits your workload.

ON-DEMAND RESOURCES

Access resources anytime, based on what you need in the moment.

- **Core Curriculum** modules (planning, productivity, mentoring, well-being)
- **350+ on-demand webinars** across key areas of academic work
- The Weekly **Monday Motivator** for planning and consistency
- **Hidden Handbook** series with guidance on common academic challenges
- **Dissertation Success Curriculum** for advanced graduate students

STRUCTURE & ACCOUNTABILITY

Build momentum with short-term structure and peer support.

- 14-Day Writing Challenges (offered multiple times per year)
- Accountability buddy matching (by request)
- Integrated community space for peer discussion and problem-solving

COMMUNITY & CONNECTION

Stay connected to a broader network of scholars.

- Active online community space for discussion and peer support
- Opportunities to connect across institutions and disciplines
- Shared strategies, challenges, and real-time problem-solving
- Built-in connection through writing challenges and courses

LIVE LEARNING & COURSES

Participate in structured learning experiences.

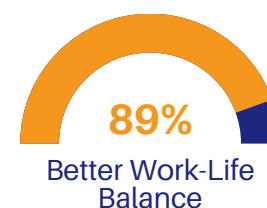
- Monthly guest expert webinars
- Multi-week courses on topics like:
 - academic writing and publishing
 - research funding strategy
 - teaching in the age of AI
- Interactive sessions designed for immediate application

INTENSIVE PROGRAM OPPORTUNITIES

For faculty who want additional support and structure.

- **Faculty Success Program (FSP)**: Supporting all faculty with a proven path to success
- **Department Chair Success Program (CSP)**: Skill-building and support for newly appointed department chairs.
- **Post-Tenure Pathfinders (PTP)**: For mid- to late-career faculty looking to navigate their next steps

NCFDD PROGRAM OUTCOMES



NCFDD Online Member-Only Community

The Community is the center of the individual membership experience. It is a welcoming, generous space where **scholars talk honestly about their work**, share strategies that keep them moving, and support each other through the ups and downs of academic life.

It is not a competitive, performative space. Members show up as real people navigating complex jobs. They share what is working for them, connect during writing sessions, ask questions, compare notes, and **find reassurance that they are not alone**.

What You'll Find Inside the Community

Inside the Community, you'll find daily spaces and interactions designed to keep you connected, supported, and moving forward, including:

- **Topic channels** for writing, planning, workload, mentoring, and leadership.
- **Daily chatting and check-ins** that normalize the challenges of academic life.
- **Supportive threads** where members share strategies that help them stay consistent.
- **A space to celebrate** progress, ask for help, and regroup after hard weeks.
- **Peers who understand** the pressures of academia and offer encouragement.



Why Community Matters

A strong community helps you stay grounded, connected, and consistent, especially during the most demanding stretches of the academic year. The Community:

- **Reduces the isolation** that so many faculty experience.
- **Helps you follow through** on your goals by connecting you to others doing the same.
- **Provides a steady place** to return to when things feel overwhelming.
- **Offers validation** and support without competition or comparison.
- **Keeps writing, planning, and self-care** at the center of your week.

Start Exploring Individual Membership

A FLEXIBLE APPROACH

There isn't one single way to engage with membership. Some faculty rely primarily on on-demand resources. Others participate in courses or programs at key points in their work. Many move between different levels of engagement over time.

Membership is designed to support different needs, not prescribe a single path.

FOR MORE INFORMATION

Interested in learning more about everything included in Individual Membership, from on-demand resources to courses and programs? Explore Individual Membership and everything it includes on our [website](#).

If your institution is already a member, you may be eligible for free access through your campus. [Find out here.](#)

DOWNLOADABLE RESOURCES

- [Faculty Success Program Overview](#)
- [Department Chair Success Program Overview](#)
- [Post Tenure Pathfinders Overview](#)
- [Rethinking Your Research Funding Overview](#)
- [Teaching Toolkit in the Age of AI Overview](#)
- [Building Your Publishing Pipeline Overview](#)

"I initially joined NCFDD as part of the Faculty Success Program but I have taken advantage of several resources offered through NCFDD membership.

Through the Core Curriculum, I learned numerous skills that I apply each semester to boost my productivity, focus, and mental health. I often share tips from NCFDD resources with peers and junior faculty at my institution.

NCFDD has been the push I needed to feel like I can achieve my goal of going up for Full Professor."



Katherine Moore, PhD
Associate Professor
Arcadia University