Make progress. Build a sustainable academic life.

Faculty Success Program

Practical strategies, coaching, and a community for faculty at every career stage.

10 WEEKS / VIRTUAL / THREE SESSIONS A YEAR



The Faculty Success Program (FSP) helps faculty make meaningful progress on their research and writing while building a more sustainable academic life. You'll apply practical tools to your own goals, with guidance, accountability, and community support along the way.

15,000+ Faculty have completed FSP

97%	94%	90%
Overall Satisfaction	**Increased Productivity**	**Better work-life balance**

All-participant survey outcomes, 2021–2025.

> ***"FSP is truly transformative not only with respect to success in academia, but in feeling more efficient and successful in life. I only wish I had found this program sooner."***
>
> **Juno Obedin-Maliver, MD, MPH, MAS**
> Assistant Professor · Stanford University

WHAT YOU WILL LEARN

Tools for the work you do every day.

FSP helps you examine how you work, practice new approaches, and build systems you can keep using as your responsibilities and goals change.

Learn to set clear, achievable goals

Plan around your priorities. Break larger projects into manageable steps and use weekly planning to protect time for the work that matters.

Build a sustainable daily writing practice

Create consistent time for research and writing that fits your schedule. Develop an approach that helps you go deeper with important projects and keep your scholarship moving forward.

Overcome procrastination and resistance

Recognize what gets in the way of starting or finishing your work. Explore strategies for addressing resistance, staying engaged, and returning to a project after a setback.

Use your time more intentionally

Track how you spend your working hours. Compare your actual schedule with your priorities and make adjustments across research, teaching, service, and other commitments.

Set boundaries and manage commitments

Consider when and how to say no, communicate your needs, and make realistic decisions about new requests. Develop practices for handling competing expectations.

Build a mentoring and support network

Identify the different forms of support you need. Strengthen professional relationships and connect with peers who can offer perspective, encouragement, and accountability.

Make room for your well-being

Build self-care and time beyond work into your plans. Examine the habits and expectations that contribute to overwork and practice a more sustainable approach.

Set realistic standards and keep moving

Recognize when expectations for a task are slowing your progress. Address perfectionism, adjust your plans, and decide where to focus your effort.

> ***"FSP helped me to have the most productive and satisfying semester I have had in my 10 years in this career."***
>
> **Lisa Koops, PhD · Associate Professor · Case Western Reserve University**

A program that adapts to your goals.

FSP supports tenure-track, tenured, and non-tenure-track faculty. Career stage describes a set of needs and questions; it does not have to correspond to a particular title or tenure status.

EARLY CAREER

Build a foundation for sustained progress.

You may be establishing a research agenda, developing new courses, learning institutional expectations, or preparing for a review or promotion. It can be difficult to know where to focus when everything feels important.

How FSP can help: Create realistic plans for writing and research alongside teaching and service. Build consistent habits, identify the mentoring you need, and practice boundaries that help you make progress toward your own goals.

Real benefits: Steadier writing progress, clearer priorities, and a broader support network.

MID-CAREER

Reassess commitments and rebuild momentum.

You may have met earlier career goals while taking on more mentoring, service, or leadership. Research can stall or change direction, funding may be harder to secure, and the habits that worked earlier may no longer fit your responsibilities.

How FSP can help: Revisit how you spend your time, reconnect with your purpose, and identify the scholarship you want to pursue next. Coaching and accountability help you act on those decisions rather than continually putting them off.

Real benefits: Renewed research momentum, a more manageable workload, and stronger connection to purpose.

LATE CAREER

Protect time for meaningful work.

An established career can bring substantial responsibilities, including mentoring colleagues, leading initiatives, and maintaining a research program. You may want to pursue a new project, finish long-standing work, or reconsider how you want to spend the next phase of your career.

How FSP can help: Set priorities that reflect your current interests and capacity. Create space for scholarship alongside leadership and mentoring, examine overcommitment, and develop an approach that supports professional contribution and personal well-being.

Real benefits: More time for meaningful scholarship and better balance across commitments.

"This program is clearly useful whether you are just starting, approaching tenure, or dealing with the post-tenure career path."
Rebecca D. Burdine, PhD · Associate Professor · Princeton University

YOUR LEARNING ENVIRONMENT

Learn, practice, and stay connected.

FSP combines structured learning with personalized coaching and a supportive faculty community. You'll work on your own goals alongside peers who understand the demands of academic life.



Support that fits your career.

Small groups bring together faculty at similar career stages. NCFDD considers availability, rank, institution, and other factors when matching participants.

Faculty in each group come from different institutions, offering perspectives beyond your own campus.

Weekly training modules

Engage with ten modules covering practical skills for planning, writing, time management, mentoring, and well-being. Apply the practices through short homework assignments.

Small-group coaching and accountability

Meet weekly for 75 minutes with an NCFDD-certified coach. Use the group to set goals, discuss obstacles, receive support, and follow through on your plans.

Peer mentoring and professional connection

Exchange strategies and perspectives with faculty peers. Build relationships that support your work and offer encouragement as you navigate academic challenges.

WriteNow and the online Community

Log daily writing and research progress in WriteNow. Ask questions, share resources, exchange ideas, and get feedback through the dedicated program spaces in NCFDD's online Community.

Optional one-on-one coaching

Access personalized coaching to discuss specific needs, goals, or challenges. Explore this option with NCFDD when considering the support that will be most useful to you.

99% Satisfaction with small-group coach

97% Satisfaction with small-group call

All-participant survey outcomes, 2021–2025.

PROGRAM LOGISTICS

What participation looks like.

The 10-week virtual program pairs a guided curriculum with weekly coaching, flexible learning, and regular work on your own research and writing goals.

Orientation: Get familiar with the program and prepare to participate.

01 **Create Your Strategic Plan**
Set goals and develop your plan.

02 **Weekly Planning Meeting**
Translate priorities into a weekly schedule.

03 **Track Your Resistance**
Notice patterns that interrupt progress.

04 **Assess & Adjust**
Review your plan and make changes.

05 **Track Your Time**
Understand where your working hours go.

06 **Mentoring Networks**
Identify and build the support you need.

07 **Self-Care**
Make room for your well-being.

08 **Lower Your Standards**
Address perfectionism and keep moving.

09 **Book With Many Chapters**
Consider your career within your broader life.

10 **Finding Your PEACE & Transition**
Plan to sustain your practices after FSP.

TIME COMMITMENT

5–6 hours per week

Estimated total, including time spent on your own research.

75 minutes
Weekly small-group meeting

About 60 minutes
Weekly training videos

15–30 minutes
Weekly homework

Daily practice
30 minutes of research each weekday, plus brief progress tracking

Only the small group meeting takes place at a fixed time. Training, homework, and daily practice can fit around your schedule.

Explore support from your institution.

Many institutions sponsor faculty in FSP. Funding may be available through your department, college, faculty affairs office, professional development budget, or start-up funds.

More than 90% of FSP participants are partially or fully sponsored by their institution.

Tuition and registration

Standard tuition is $5,250. Registration discounts may be available during each session's enrollment period. Confirm current tuition, deadlines, and any applicable discounts with NCFDD before registering.

Institutional sponsorship

Ask whether your institution has a faculty sponsorship process or available development funds. Explain the goals you want to work toward, how FSP will support them, and the time you will commit to participating.

MAKING THE ASK

A guide to requesting institutional funding for NCFDD offerings.

The Making the Ask guide supports requests for funding across NCFDD programs and courses. Use it to prepare a conversation about your professional development goals and the institutional support that would help you pursue them.

Get the Free Guide

Scholarships

FSP offers full-tuition and partial scholarships for individuals who have requested institutional funding but have been unable to secure support. To apply, watch the Making the Ask training, request institutional support, document your requests, and complete the scholarship application survey.

QUESTIONS & NEXT STEPS

Find the right fit for your goals.

You can bring specific projects and career questions to FSP. The tools, coaching, and accountability help you develop a way of working that fits your responsibilities and priorities.

Will FSP fit my discipline or appointment?

FSP addresses challenges across disciplines: planning, writing, resistance, competing priorities, and professional relationships. Tenure-track, tenured, and non-tenure-track faculty can apply the practices to their own responsibilities.

How do I choose a small-group meeting?

Select from available Tuesday or Wednesday slots at noon or 3 p.m. Eastern. Matching also considers rank and institution. Confirm the available options when registering.

What if I'm already familiar with productivity tools?

The program gives you a structured opportunity to put those tools into practice. Weekly coaching, daily tracking, and peer accountability support follow-through and help you adjust approaches that are not working.

Who is eligible to enroll?

FSP is open to faculty members. Scholars completing dissertations and job seekers who have not yet secured their first position are not currently eligible. Ask NCFDD about your situation if you are unsure.

2027 SESSIONS

SPRING	SUMMER	FALL
Feb 1–Apr 11	May 24–Aug 1	Sep 13–Nov 21

EXPLORE FSP

Dates, pricing & registration

TALK TO US

info@NCFDD.org