



The Faculty Success Program

The Faculty Success Program is a comprehensive 10-week virtual program designed to empower faculty members with the skills and strategies needed to enhance their productivity, balance their workload, and achieve academic excellence. With sessions offered in the Spring (January-March), Summer (May-July), and Fall (September-December), participants benefit from expert-led training, peer support, and personalized academic coaching, gaining valuable insights for their academic journey.

Over 15,000 faculty have transformed the way they work through the Faculty Success Program.



Improved Writing Productivity



Overall Satisfaction



Better Work-Life Balance

These represent responses from over 10,000 faculty who have participated in the Faculty Success Program throughout recent years.

WHO SHOULD ATTEND

Faculty members at all levels, including tenure-track, non-tenure-track, and tenured faculty.

THIS PROGRAM WILL HELP YOU

- Streamline your workflow, achieve more in less time, and meet deadlines with ease.
- Prioritize self-care, reduce stress, and enjoy a more fulfilling personal life.
- Publish more papers, secure grants, and advance your career.
- Develop essential skills for academic success and career advancement.
- Establish and maintain a healthy and sustainable daily writing habit.

WHAT YOU WILL LEARN

- Learn effective time management techniques, quiet distractions, and prioritize tasks effectively.
- Discover strategies for managing procrastination and overcoming obstacles that hinder productivity.
- Secure essential research skills, including literature searching, data analysis, and critical thinking.
- Develop effective writing strategies, improve your writing style, and overcome common writing challenges like writer's block.
- Establish and practice a healthy work-life balance that promotes well-being and prevents burnout.
- Learn techniques for managing stress, setting boundaries, and prioritizing self-care.
- Develop effective strategies for handling academic conflicts, building positive relationships, and navigating difficult situations.
- Learn how to communicate effectively, resolve disputes peacefully, and foster a positive work environment.
- Set clear and achievable goals, develop a personalized action plan, and track your progress effectively.
- Learn how to stay motivated, overcome obstacles, and celebrate your successes.

Typical Weekly Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Write for 30 minutes	Write for 30 Minutes	Write for 30 Minutes	Write for 30 Minutes	Write for 30 Minutes	TAKE THE WEEKENDS OFF!	TAKE THE WEEKENDS OFF!
Watch 60-min Homework Video	Attend 75 Minute Small Group Zoom	Log writing on WriteNow	Log writing on WriteNow	Log writing on WriteNow		
Complete homework and log time in WriteNow	Log writing on WriteNow		Attend 30 Minute Individual Coaching Session			
			Check-in with Small Group members in WriteNow			

PROGRAM SCHEDULE

Week 1: **Orientation Week**

Week 2: **Create Your Strategic Plan**

Week 3: **Weekly Planning Meeting**

Week 4: **Track Your Resistance**

Week 5: **Assess & Adjust**

Week 6: **Track Your Time**

Week 7: **Mentoring Networks**

Week 8: **Self-Care**

Week 9: **Lower Your Standards**

Week 10: **Book With Many Chapters**

Week 11: **Finding Your PEACE & Transition**

PROGRAM FORMAT

- Access engaging and informative online training modules covering a wide range of topics related to academic success.
- Participate in weekly small group coaching sessions with experienced faculty mentors who provide guidance, support, and accountability.
- Connect with other faculty members in a supportive online community, share experiences, and build valuable professional relationships.
- Optional one-on-one coaching sessions with a dedicated mentor to address your specific needs and goals.
- Get access to the proprietary 'WriteNow' platform to support daily writing habits and track your productivity.

Your Learning Environment.

Weekly Training Modules

Engage in 10 weekly training modules covering empirically tested skills, strategies, and practices for aligning your time with priorities, identifying obstacles, and overcoming resistance.

Small Group Accountability

Each small group is hand-picked to ensure that they are comprised of faculty of similar rank and discipline. Join weekly small group meetings led by NCFDD-certified coaches to set goals, receive support, and stay accountable.

Peer Mentorship

Connect with peers and mentors to share experiences, receive guidance, and stay motivated.

Online Community

Track your productivity, interact with peers, ask questions, get feedback, share resources, and exchange ideas in our exclusive online community.

“The positive influence FSP had on my professional development and well-being is huge and unquantifiable. Without this program, I would still be floundering, directionless, and overwhelmed at the end of my first year on the tenure track. I feel a huge amount of confidence in myself and empowered in my ability to make the best decisions for my professional life and my overall well-being.”



Sarah Hae-In Idzik, PhD
Assistant Professor
Carnegie Mellon University



"Prior to FSP, I struggled with lack of discipline and motivation in completing my goals, feeling isolated in my current stage of career, and overall feelings of 'do I want to do this career.'

Now, I have structure and realistic plans that are helping me actually achieve all of my goals, both personal and professional. I have a community of people with whom we commiserate and encourage each other to be our best. I am invigorated to follow my chapter goals in life and strengthened to continue what I am doing at optimal energy."



Karmen Williams, DrPH
Assistant Professor
City University of New York

**Join this
transformational
program today.**

Connecting. Learning. The FSP Experience

FUNDING OPTIONS

Tuition: \$5,250

Discounts will become available during the registration period, offered 3 times per year.

Institutional Sponsorship

Many institutions sponsor their faculty in the Faculty Success Program due to its proven benefits. Over 90% of FSP participants are partially or fully sponsored by their institution.

FSP Funding Guide

Our 'Making the Ask' guide provides effective strategies for securing institutional support.

[Get the Guide](#)

Scholarships

We offer full-tuition and partial scholarships to individuals who have made the ask at their institution but have not been able to secure funding.

To be eligible, you must:

- Watch the "Making the Ask" training
- Follow the steps and make the ask for support at your college or university
- Document your requests
- Complete the Making the Ask Scholarship Application Survey

FOR MORE INFORMATION

Visit our webpage to learn additional information about the Faculty Success Program.

[Faculty Success Program](#)

Frequently Asked Questions

Have questions about the Faculty Success Program? We've answered some common questions about FSP.

[FAQ's about the Faculty Success Program](#)

Personalized Consultation

Interested in the upcoming Faculty Success Program? We'd be happy to help you decide on the best time to join us and work with you to secure support.

[Book a Personalized Consultation](#)

Email us at: FSP@NCFDD.org